

What is important in Hindu life?

Hindus believe that life is a journey and they have Hindu duties. These include: not getting angry, forgiving people and studying the scriptures.

Hindus believe in **reincarnation**. They hope to join God and not live anymore lives, this is called **moksha**.



How do Hindus show their faith?

Hindus show their faith in God through **puja**. They set up a puja tray including: a smell bell, flowers, a pot of water, a murti or image of a Hindu deity, some sweets or sugar and a spoon.

They also set up diva lamps to bright light to their worship. Then they will listen to **Bhajans** as Hinduism has a rich musical tradition.

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What does it mean to be a Hindu in Britain today?

Part 1 Year 3/4

Hindu deities

There are millions of gods and they are all representing the aspects of the one god. They are designed to help humans focus in worship.



Key Vocabulary

Deities—the word in English often used for Hindu gods and goddesses. Deity means god.

Murtis—the statues or images of the Hindu deities. Hindus believe that during worship, the spirit or presence of God comes into the murti.

Puja—Hindu worship.

Mandir—Hindu temple.

Divya lamp—a lamp with a flame, which is used during worship.

Aarti—light, which removes darkness.

Bhajans—Hindu worship songs.

Dharma—the word means 'duty' in Hinduism. A religious moral duty.

Artha—independence and providing for a family.

Kama—pleasure and enjoyment in life.

Moksha—Hindus hope to be reunited with God one day.

Reincarnation—the cycle of birth, death and rebirth. This is a key Hindu belief.

